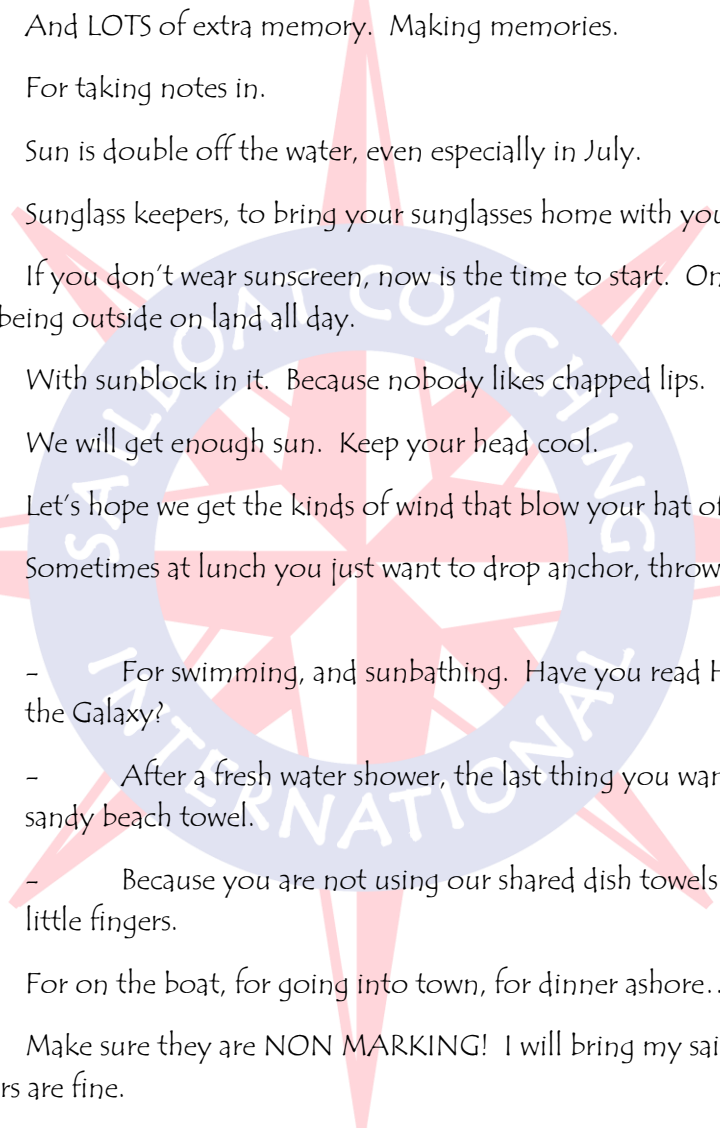


COACHING MASTERY - DEEP COVE - Vancouver, Canada

PERSONAL Packing List (What to bring to have the most fun.)

Smile. Because sailing is fun. ☺

Better to pack two small duffels, than one large one

- 
- Camera - And LOTS of extra memory. Making memories.
 - Book - For taking notes in.
 - Sunglasses - Sun is double off the water, even especially in July.
 - Croakies - Sunglass keepers, to bring your sunglasses home with you.
 - Sunscreen - If you don't wear sunscreen, now is the time to start. On the water you get twice as much sun as being outside on land all day.
 - Lip Balm - With sunblock in it. Because nobody likes chapped lips.
 - Wind Hat - We will get enough sun. Keep your head cool.
 - Hat Clip - Let's hope we get the kinds of wind that blow your hat off!!
 - Swim Suit(s) - Sometimes at lunch you just want to drop anchor, throw on the BBQ, and go for a refreshing dip!
 - Beach Towel - For swimming, and sunbathing. Have you read Hitchhikers Guide to the Galaxy?
 - Bath Towel - After a fresh water shower, the last thing you want is to use a salty, sandy beach towel.
 - Hand Towel - Because you are not using our shared dish towels to dry your grubby little fingers.
 - Sandals - For on the boat, for going into town, for dinner ashore...
 - Shoes - Make sure they are NON MARKING! I will bring my sailing boots, but trainers are fine.
 - Toque - Everyday, even in July. The wind is blowing across seas that are 12 degrees.
 - Gloves - Fingerless leather gloves if you have them.
 - Warm Gloves - Warm gloves for standing watch, and or Mittens.

 - Pants - Some evenings it is nice to put on pants and go to restaurant.

- 
- A large, semi-transparent watermark logo for 'SAILBOAT COACHING INTERNATIONAL' is centered on the page. It features a compass rose design with the text 'SAILBOAT COACHING' at the top and 'INTERNATIONAL' at the bottom, all in a light blue color.
- Shell Pants - For wind and spray. Should fit over your fleece pants.
- Fleece Pants - Even in July and August I always bring with my fleece pants. It is better to be warm, than to wish you were.
- Long Sleeve Base Layer - For those days where you want to be a little warmer, but not fleece pants warm.
- Shorts - It will probably be warm when we go ashore, or are at anchor. Out on the water in the wind in July, expect to wear long pants for the same temperatures.
- Shirts - Think light, breathable, sun blocking. A long sleeve shirt for evenings, and one for the plane.
- Sweater/Fleece - Bring two. Warm and warmer
- Shell Jacket for wind/sea spray - You will wear a jacket at some point everyday. It should fit over your sweaters
- Toiletries - You know what you need
- Your own Pillow - We have bedding service with our Charter. I just happen to like my pillow. The boat has a heater that will keep us warm at night.
- Ear Plugs - We will try not to moor next to the party barge, but we may not be able to stop them mooring next to us.
- Head Phones - Sound Travels on a boat, so if you are awake after others, please keep quiet.
- Glasses Cleaner - Ocean spray! Everything is easier to see if you aren't staring through a layer of salt.
- Nautical Costume Pirate - Because... PIRATES
- OR Viking (or Mermaid) Costume - You have to choose a side here, you can't be both!

*** Bring enough to be comfortable. We do not have massive storage space on the boat, so try to pack light. Airport rolling cases are not permitted on board. If you feel compelled to use a rolling case for travel, please make arrangement to store it somewhere not on the boat.

Multi Day Sailing Trip GROUP Gear

The boat comes stocked with First AID supplies.

The boat comes stocked with a Marine VHF radio.

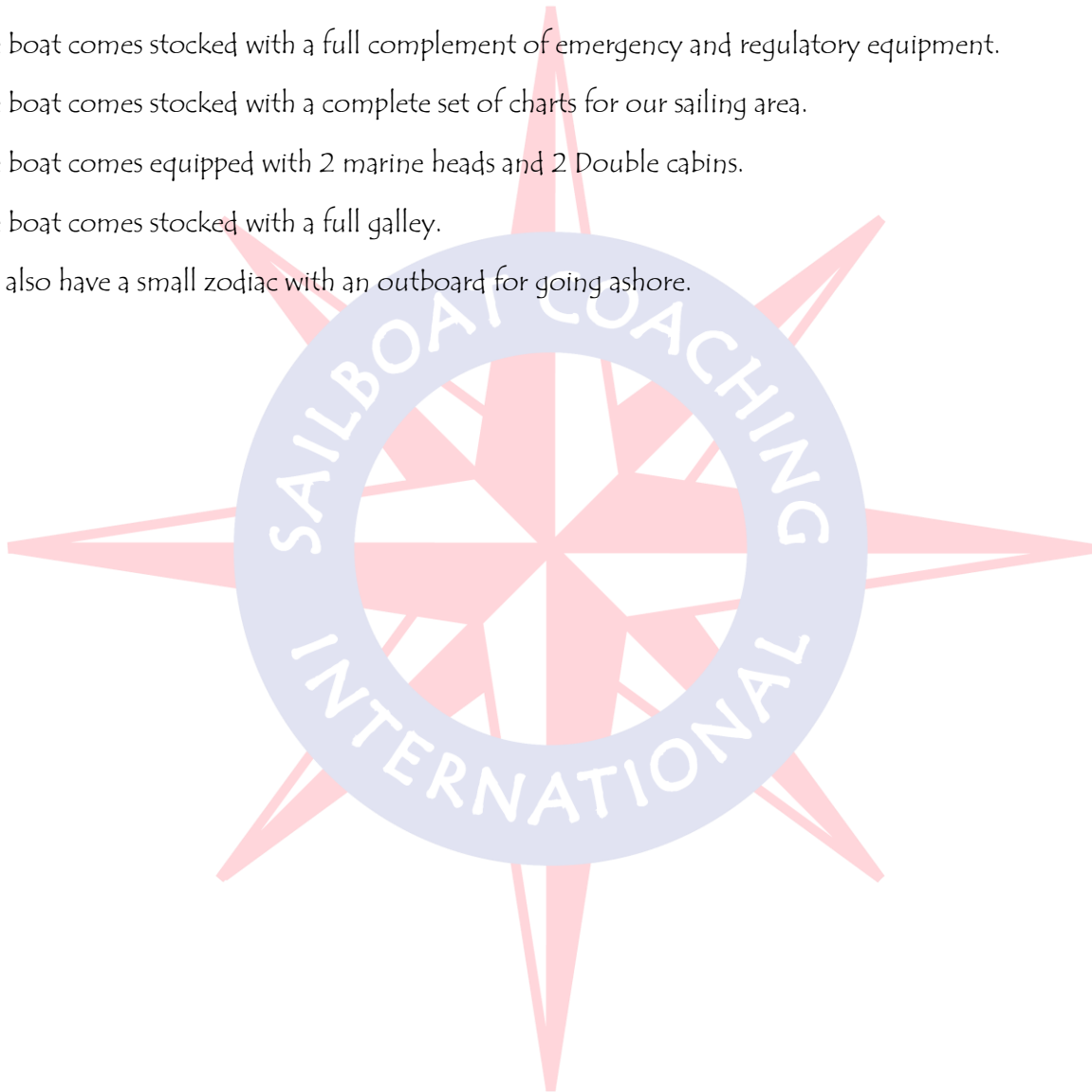
The boat comes stocked with a full complement of emergency and regulatory equipment.

The boat comes stocked with a complete set of charts for our sailing area.

The boat comes equipped with 2 marine heads and 2 Double cabins.

The boat comes stocked with a full galley.

We also have a small zodiac with an outboard for going ashore.



MULTIDAY OPTIONAL PACKING LIST

- Headlamp - Red LED is a nice feature.
- Extra Batteries - We don't want to spend our time out there shopping.
- Music - We have a boat stereo, and probably those little USB speakers.
- Travel Games - Maybe Settlers, cards, something small.
- Book - Or Kindle for ferries, planes, for quiet nights
- Water proof Camera - or GoPro for swimming and halyard swinging

